

II. Representations of Angular Momentum Algebra

Our aim now is to find representations of the algebra of angular momentum operators (i.e. want to find matrix representations of J_3 , J^2 , $J_{\pm}$ etc, e.g. by finding their eigenvectors and eigenvalues.)

Recall harmonic oscillator

$$a \left(\begin{array}{c} |2\rangle \\ |1\rangle \\ |0\rangle \end{array} \right) \xrightarrow{a^\dagger}$$

$$[a, a^\dagger] = 2m\hbar\omega$$

$$a|n\rangle = \sqrt{2m\hbar\omega n} |n-1\rangle$$

$$a^\dagger|n\rangle = \sqrt{2m\hbar\omega(n+1)} |n+1\rangle$$

This suggests the idea of introducing new operators:

Defⁿ

"Ladder operators" J_+ and J_- are defined by

$$J_+ = J_1 + i J_2$$

$$J_- = J_1 - i J_2$$

Note: since they are observables, we need J_i to be self-adjoint $J_i^\dagger = J_i$, so

$$J_+^\dagger = (J_1 + i J_2)^\dagger = J_1^\dagger - i J_2^\dagger = J_1 - i J_2 = J_-$$

Proposition 4

- (i) $[J^2, J_{\pm}] = 0$
- (ii) $J_{\pm} J_{\mp} = J^2 - J_3^2 \pm \hbar J_3$
- (iii) $[J_+, J_-] = 2\hbar J_3$
- (iv) $[J_3, J_{\pm}] = \pm \hbar J_{\pm}$

Proof

(i) Immediate from $[J^2, J_i] = 0$ (Proposition 3)

$$\begin{aligned}
 \text{(ii)} \quad J_+ J_- &= (J_1 + iJ_2)(J_1 - iJ_2) \\
 &= J_1^2 + J_2^2 - iJ_1J_2 + iJ_2J_1 \\
 &= J^2 - J_3^2 - i[J_1, J_2] \\
 &= J^2 - J_3^2 + \hbar J_3
 \end{aligned}$$

(iii) + (iv) Exercise. □

Before pursuing general method, let's first see a sneak preview of one of the simplest (but most important!) representations.

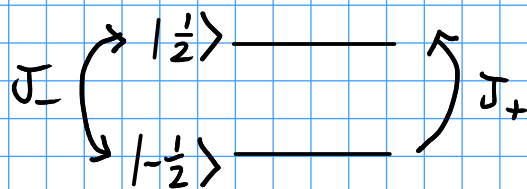
Example

We can guess a simple 2-dimensional representation by inspection (we will derive it again later more formally):

Consider two states $|+\frac{1}{2}\rangle$, $|-\frac{1}{2}\rangle$ defined to be eigenstates of J_z :

$$J_z |+\frac{1}{2}\rangle = \frac{\hbar}{2} |+\frac{1}{2}\rangle$$

$$J_z |-\frac{1}{2}\rangle = -\frac{\hbar}{2} |-\frac{1}{2}\rangle$$



And let

$$J_+ |+\frac{1}{2}\rangle = 0$$

$$J_+ |-\frac{1}{2}\rangle = \hbar |+\frac{1}{2}\rangle$$

$$J_- |-\frac{1}{2}\rangle = 0$$

$$J_- |+\frac{1}{2}\rangle = \hbar |-\frac{1}{2}\rangle$$

If this is to give a representation, must verify that it's consistent with the algebra

e.g. $[J_+, J_-] = 2\hbar J_3$

$$\begin{aligned} [J_+, J_-] |+\tfrac{1}{2}\rangle &= (J_+ J_- - J_- J_+) |+\tfrac{1}{2}\rangle \\ &= J_+ \hbar |-\tfrac{1}{2}\rangle - 0 \\ &= \hbar^2 |+\tfrac{1}{2}\rangle \\ &= 2\hbar J_3 |+\tfrac{1}{2}\rangle \quad \text{as required} \end{aligned}$$

(Since $J_{\pm}$ generate the algebra via their commutation relation, along with similar result for $|-\tfrac{1}{2}\rangle$ this is in fact already sufficient to show these definitions are consistent with entire algebra, so do indeed define a representation.)

Exercise: verify • $[J_+, J_-] |-\tfrac{1}{2}\rangle = 2\hbar J_3 |-\tfrac{1}{2}\rangle$,
• $|\pm\tfrac{1}{2}\rangle$ are eigenvectors of J^2 ,
• etc.

From above, deduce matrix elements $\langle \pm \tfrac{1}{2} | J_3 | \pm \tfrac{1}{2} \rangle$ etc. in $|\pm \tfrac{1}{2}\rangle$ basis:

$$J_3 = \begin{matrix} & |+\tfrac{1}{2}\rangle & |-\tfrac{1}{2}\rangle \\ \begin{matrix} \langle +\tfrac{1}{2}| \\ \langle -\tfrac{1}{2}| \end{matrix} & \begin{pmatrix} 1 & 0 \\ 0 & -1 \end{pmatrix} \end{matrix} \quad J_+ = \begin{pmatrix} 0 & 1 \\ 0 & 0 \end{pmatrix} \quad J_- = \begin{pmatrix} 0 & 0 \\ 1 & 0 \end{pmatrix}$$

We now turn to the general derivation of all representations.

Corollary 5

Let $|\psi\rangle$ be a common eigenvector of J_3 and J^2 satisfying

$$J^2 |\psi\rangle = \lambda \hbar^2 |\psi\rangle \quad J_3 |\psi\rangle = m\hbar |\psi\rangle$$

(note: no assumptions on λ or m at this stage)

Then

$$(i) \quad J^2 J_{\pm} |\psi\rangle = \lambda \hbar^2 J_{\pm} |\psi\rangle$$

$$(ii) \quad J_3 J_{\pm} |\psi\rangle = (m \pm 1) \hbar J_{\pm} |\psi\rangle$$

$$(iii) \quad \|J_{\pm} |\psi\rangle\|^2 = [\lambda - m(m \pm 1)] \hbar^2 \| |\psi\rangle \|^2$$

$$(iv) \quad \lambda \geq m(m \pm 1) \quad \text{and} \quad \lambda = m(m \pm 1) \quad \text{iff} \quad J_{\pm} |\psi\rangle = 0$$

Proof

(i) Follows immediately from $[J^2, J_{\pm}] = 0$
(Proposition 4 (i))

(ii) Using $[J_3, J_{\pm}] = \pm \hbar J_{\pm}$ (Proposition 4 (iv)),

$$\begin{aligned} J_3 J_{\pm} |\psi\rangle &= (J_{\pm} J_3 \pm \hbar J_{\pm}) |\psi\rangle \\ &= (J_{\pm} m\hbar \pm \hbar J_{\pm}) |\psi\rangle \\ &= (m \pm 1) \hbar J_{\pm} |\psi\rangle \end{aligned}$$

$$\begin{aligned}
\text{(iii)} \quad \| J_{\pm} |\psi\rangle \|^2 &= \langle \psi | J_{\pm}^{\dagger} J_{\pm} | \psi \rangle \\
&= \langle \psi | J_{\mp} J_{\pm} | \psi \rangle \\
&= \langle \psi | J^2 - J_3^2 \mp \hbar J_3 | \psi \rangle \\
&\quad \text{(Proposition 4 (ii))} \\
&= (\lambda \hbar^2 - m^2 \hbar^2 \mp m \hbar^2) \langle \psi | \psi \rangle \\
&= [\lambda - m(m \pm 1)] \hbar^2 \| |\psi\rangle \|^2
\end{aligned}$$

$$\text{(iv)} \quad \| J_{\pm} |\psi\rangle \|^2 \geq 0 \quad \text{with equality iff } J_{\pm} |\psi\rangle = 0$$

Thus from (iii)

$$\lambda \geq m(m \pm 1)$$

with equality iff $J_{\pm} |\psi\rangle = 0 \quad \square$

Similar situation to harmonic oscillator - given λ , m bounded from below, but unlike harm. osc. m also bounded from above.

Theorem 6

Eigenvalues of J^2 have form $j(j+1)\hbar^2$ for $j = 0, \frac{1}{2}, 1, \frac{3}{2}, 2, \dots, \frac{n}{2}$

For each value of j , eigenvalues of J_3 have form $m\hbar$ for $m = -j, -j+1, \dots, j-1, j$ and each eigenvalue has same degeneracy.

Proof

Rewriting $\lambda \geq m(m+1)$ (Corollary 5 (iv)) as

$$\lambda + \frac{1}{4} \geq (m + \frac{1}{2})^2$$

it is clear that, for given λ , m is bounded above and below.

Let $|\psi\rangle$ again be a simultaneous eigenvector of J^2, J_3 with eigvals. $\lambda\hbar^2$ and $m\hbar$ respectively.

From $J_3 J_{\pm} |\psi\rangle = (m \pm 1)\hbar |\psi\rangle$ (Corollary 5 (ii))

we have that

$J_+^N |\psi\rangle$ is eigenv. of J_3 with eigval. $(m+N)\hbar$

$J_-^N |\psi\rangle$ " " " J_3 " " $(m-N)\hbar$,

or they vanish.

Since m is bounded, $J_{\pm}^{N+1}|\psi\rangle$ must eventually vanish for large enough N .

Let p, q be minimum such (+ve) integers, i.e.

$$\begin{array}{l} J_+^{p+1}|\psi\rangle = 0 \\ J_-^{q+1}|\psi\rangle = 0 \end{array} \quad \text{but} \quad \begin{array}{l} J_+^p|\psi\rangle \neq 0 \\ J_-^q|\psi\rangle \neq 0. \end{array}$$

Since $J_+^p|\psi\rangle$ is eigenv. of J_3 with eigval. $(m+p)$ th and $J_+(J_+^p|\psi\rangle) = 0$, must have

$$\lambda = (m+p)(m+p+1)$$

by Corollary 5 (iv).

Similarly since $J_-^q|\psi\rangle$ has eigval. $(m-q)$ th and $J_-(J_-^q|\psi\rangle) = 0$, must have

$$\lambda = (m-q)(m-q-1)$$

Thus

$$(m+p)(m+p+1) = (m-q)(m-q-1)$$

so

$$m^2 + 2mp + p^2 + m + p = m^2 - 2mq + q^2 - m + q$$

$$2m(p+q+1) = (q-p)(p+q+1)$$

Thus, since $p+q+1 > 0$,

$$m = \frac{q-p}{2}$$

$$\text{Let } j = m+p = \frac{p+q}{2}.$$

Then

$$\lambda = (m+p)(m+p+1) = j(j+1) \quad [*]$$

Summarising,

$$m = \frac{q-p}{2} \Rightarrow m \text{ is integer or half-integer}$$

$$m = j - p \Rightarrow m \text{ differs from } j \text{ by integer}$$

$$j = \frac{p+q}{2} \Rightarrow j \text{ is integer or half-integer}$$

$$\lambda = j(j+1) \text{ as required (from [*)].}$$

Remains to show that all values of m in range $-j, -j+1, \dots, j-1, j$ (and no others) do in fact occur.

First, note $|\psi_j\rangle = J_+^p |\psi\rangle$ has J_3 eig. val $(m+p)\hbar = j\hbar$, and $J_+ |\psi_j\rangle = 0$ so this is maximum value of m .

Then $J_-^{j-m} |\psi_j\rangle$ has J_3 eig. val $(j - (j-m))\hbar = m\hbar$ so all values $j, j-1, j-2, \dots$ do occur.

Finally, $J_-^q |\psi\rangle$ has J_3 eig. val $(m-q)\hbar = \left(\frac{q-p}{2} - q\right)\hbar = -\frac{q+p}{2}\hbar = -j\hbar$

and $J_- J_-^q |\psi\rangle = 0$ so this is minimum value of m .

Degeneracies

Claim in Theorem is trivially true for $j=0$, since there is only one possible value $m=0$.

From now on, assume $j > 0$.

Assume $|\psi_m\rangle$ is unique state s.t. $J_3 |\psi_m\rangle = m\hbar |\psi_m\rangle$, $m > -j$.

Let $|\phi\rangle$ be any state satisfying $J_3 |\phi\rangle = (m-1)\hbar |\phi\rangle$, and consider $J_+ |\phi\rangle$.

We have

$$\begin{aligned} J_3 J_+ |\phi\rangle &= (J_+ J_3 + \hbar J_+) |\phi\rangle \\ &= (J_+ (m-1)\hbar + \hbar J_+) |\phi\rangle \\ &= m\hbar J_+ |\phi\rangle \end{aligned}$$

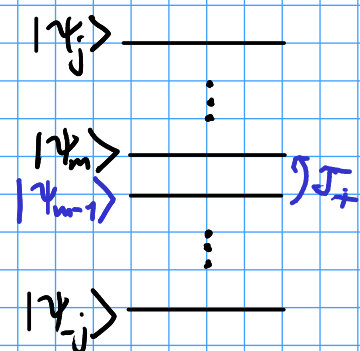
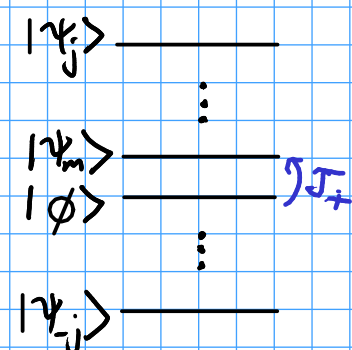
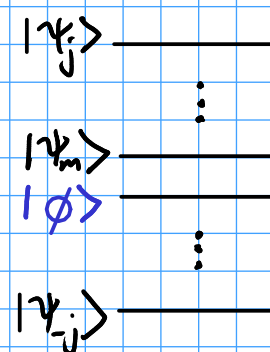
Thus $J_+ |\phi\rangle = \alpha |\psi_m\rangle$ since by assumption $|\psi_m\rangle$ is unique state with eigenval. $m\hbar$.

Similarly, for $|\psi_{m-1}\rangle = J_- |\psi_m\rangle$
 $J_+ |\psi_{m-1}\rangle = \beta |\psi_m\rangle$.

Now

$$J_3 (\underbrace{\beta |\phi\rangle - \alpha |\psi_{m-1}\rangle}_{|\psi\rangle})$$

$$\begin{aligned} &= (m-1)\hbar (\beta |\phi\rangle - \alpha |\psi_{m-1}\rangle) \\ &= (m-1)\hbar |\psi\rangle \end{aligned}$$

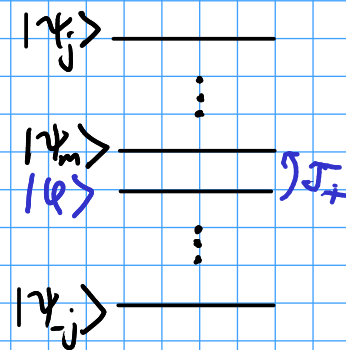


so $|\psi\rangle$ is also an eigenvect. of J_3 with eigval. $(m-1)^{\text{th}} < m^{\text{th}} \leq j^{\text{th}}$

Thus by Corollary 5(iv),

$$J_+ |\psi\rangle \neq 0 \quad [*]$$

unless trivially $|\psi\rangle = 0$.



But

$$\begin{aligned} J_+ |\psi\rangle &= J_+ (\beta |\phi\rangle - \alpha |\psi_{m-1}\rangle) \\ &= \beta \alpha |\psi_m\rangle - \alpha \beta |\psi_m\rangle = 0 \end{aligned}$$

which contradicts $[\ast]$ unless $|\psi\rangle = \beta |\phi\rangle - \alpha |\psi_{m-1}\rangle = 0$.

$$\text{Thus } |\phi\rangle = \frac{\alpha}{\beta} |\psi_{m-1}\rangle$$

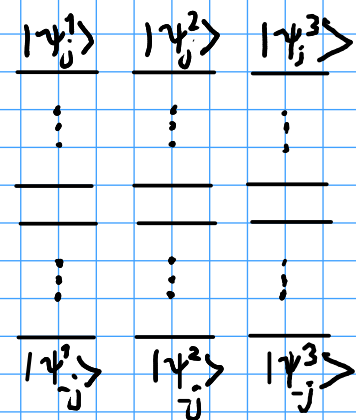
i.e. any $|\phi\rangle$ satisfying $J_3 |\phi\rangle = (m-1)^{\text{th}} |\phi\rangle$ must be proportional to $|\psi_{m-1}\rangle$.

Therefore, assuming $|\psi_m\rangle$ is unique, $|\psi_{m-1}\rangle$ is the unique (up to normalisation) eigenvect of J_3 with eigval $(m-1)^{\text{th}}$.

By induction, if there exists unique $|\psi_j\rangle$ for eigval. j^{th} , then each eigval. m^{th} has unique eigvect. $J_-^{j-m} |\psi_j\rangle$.

What if j^{th} is degenerate?

Can repeat argument for each $|\psi_j^k\rangle$ spanning degenerate subspace of eigvects for eigval. j^{th} to show that each eigval m^{th} must have same degeneracy as that of j^{th} .



Corollary 7

If there are no degeneracies, eigenspace on which J^2 takes eigenvalue $j(j+1)\hbar^2$ has dimension $2j+1$, spanned by basis $\{|\psi_m\rangle : 0 \leq j-m \leq 2j\}$ such that

$$J_3 |\psi_m\rangle = m\hbar |\psi_m\rangle$$

$$J_{\pm} |\psi_m\rangle = \sqrt{(j \mp m)(j \pm m + 1)} \hbar |\psi_{m \pm 1}\rangle$$

Proof

Since $J_+ |\psi_m\rangle$ is J_3 eigenv. with eigval. $(m+1)\hbar$, have $J_+ |\psi_m\rangle = c |\psi_{m+1}\rangle$.

Can choose phase of $|\psi_{m+1}\rangle$ s.t. $c \in \mathbb{R}$.

Then

$$\begin{aligned} |c|^2 \langle \psi_{m+1} | \psi_{m+1} \rangle &= \langle \psi_m | J_- J_+ | \psi_m \rangle \\ &= \langle \psi_m | J^2 - J_3^2 - \hbar J_3 | \psi_m \rangle \\ &= j(j+1)\hbar^2 - m^2\hbar^2 - m\hbar^2 \end{aligned}$$

so

$$\begin{aligned} c &= \sqrt{j(j+1) - m(m+1)} \hbar \\ &= \sqrt{(j-m)(j+m+1)} \hbar \quad \text{as required} \end{aligned}$$

$J_- |\psi_m\rangle$ left as exercise. $\square$

Representations of Angular Momentum

Theorem 6 and Corollary 7 provide the tools we need to construct representations for each permitted value of j .

Example: $j = 0$

$2j+1 = 1$ one-dimensional (by Corollary 7)

$$J_3 |\psi_0\rangle = 0 \quad J^2 |\psi_0\rangle = 0 \quad J_{\pm} |\psi_0\rangle = 0$$

"trivial representation"

Example: $j = \frac{1}{2}$ "spin $\frac{1}{2}$ "

$2j+1 = 2$ two-dimensional

space spanned by $|\frac{1}{2}, \frac{1}{2}\rangle$ and $|\frac{1}{2}, -\frac{1}{2}\rangle$

↪ write as $|\pm \frac{1}{2}\rangle$

$$J_3 |\pm \frac{1}{2}\rangle = \pm \frac{\hbar}{2} |\pm \frac{1}{2}\rangle$$

$$J_+ |+\frac{1}{2}\rangle = 0 = J_- |-\frac{1}{2}\rangle$$

$$J_+ |-\frac{1}{2}\rangle = \sqrt{(\frac{1}{2} + \frac{1}{2})(\frac{1}{2} + (-\frac{1}{2}) + 1)} \hbar |+\frac{1}{2}\rangle = \hbar |+\frac{1}{2}\rangle$$

$$J_- |+\frac{1}{2}\rangle = \hbar |-\frac{1}{2}\rangle$$

Exercise: verify $J_{\pm}, J_3$ do indeed obey correct algebra when acting on $|\pm \frac{1}{2}\rangle$ states.

With respect to $|\pm \frac{1}{2}\rangle$ basis

$$J_3 = \begin{pmatrix} \langle \frac{1}{2} | J_3 | \frac{1}{2} \rangle & \langle \frac{1}{2} | J_3 | -\frac{1}{2} \rangle \\ \langle -\frac{1}{2} | J_3 | \frac{1}{2} \rangle & \langle -\frac{1}{2} | J_3 | -\frac{1}{2} \rangle \end{pmatrix} = \frac{\hbar}{2} \begin{pmatrix} 1 & 0 \\ 0 & -1 \end{pmatrix}$$

$$J_+ = \hbar \begin{pmatrix} 0 & 1 \\ 0 & 0 \end{pmatrix} \quad J_- = \hbar \begin{pmatrix} 0 & 0 \\ 1 & 0 \end{pmatrix}$$

$$J_1 = \frac{1}{2} (J_+ + J_-) = \frac{\hbar}{2} \begin{pmatrix} 0 & 1 \\ 1 & 0 \end{pmatrix}$$

$$J_2 = \frac{1}{2i} (J_+ - J_-) = \frac{\hbar}{2} \begin{pmatrix} 0 & -i \\ i & 0 \end{pmatrix}.$$

This is the representation we constructed previously by inspection.

Note matrices obey same algebra as operators, as required, e.g.

$$J_1 J_2 = \frac{\hbar^2}{4} \begin{pmatrix} 0 & 1 \\ 1 & 0 \end{pmatrix} \begin{pmatrix} 0 & -i \\ i & 0 \end{pmatrix} = \frac{\hbar^2}{4} i \begin{pmatrix} 1 & 0 \\ 0 & -1 \end{pmatrix}$$

$$[J_1, J_2] = \frac{\hbar^2}{2} i \begin{pmatrix} 1 & 0 \\ 0 & -1 \end{pmatrix} = i\hbar \frac{\hbar}{2} \begin{pmatrix} 1 & 0 \\ 0 & -1 \end{pmatrix} = i\hbar J_3 \checkmark$$

Called the "spin representation" of angular momentum. The matrices in this representation are important enough to have a name:

Def

"Pauli spin matrices" or just "Pauli matrices":

$$\sigma_x = \begin{pmatrix} 0 & 1 \\ 1 & 0 \end{pmatrix} \quad \sigma_y = \begin{pmatrix} 0 & -i \\ i & 0 \end{pmatrix} \quad \sigma_z = \begin{pmatrix} 1 & 0 \\ 0 & -1 \end{pmatrix}$$

Example: $j = 1$

$2j + 1 = 3$ 3-dimensional
basis $|+1\rangle, |0\rangle, |-1\rangle$

$$J_3 | +1 \rangle = \hbar | +1 \rangle$$

$$J_3 | 0 \rangle = 0$$

$$J_3 | -1 \rangle = -\hbar | -1 \rangle$$

$$J_- | +1 \rangle = \sqrt{2} \hbar | 0 \rangle$$

$$J_- | 0 \rangle = \sqrt{2} \hbar | -1 \rangle$$

$$J_- | -1 \rangle = 0$$

$$J_+ | +1 \rangle = 0$$

$$J_+ | 0 \rangle = \sqrt{2} \hbar | +1 \rangle$$

$$J_+ | -1 \rangle = \sqrt{2} \hbar | 0 \rangle$$

w.r.t. this basis, the ang. mom. operators are represented by the matrices

$$J_+ = \hbar \begin{pmatrix} 0 & \sqrt{2} & 0 \\ 0 & 0 & \sqrt{2} \\ 0 & 0 & 0 \end{pmatrix} \quad J_- = \hbar \begin{pmatrix} 0 & 0 & 0 \\ \sqrt{2} & 0 & 0 \\ 0 & \sqrt{2} & 0 \end{pmatrix}$$

$$J_3 = \hbar \begin{pmatrix} 1 & & \\ & 0 & \\ & & -1 \end{pmatrix}$$